



Energy Wellness!

**A Hands-On 4-week Introductory class in Eden Energy Medicine
For partners, family members and friends**

VIRTUAL CLASS: THURSDAYS, APRIL 15 - MAY 6, 2021

Based on the work of Donna Eden, renowned pioneer in the field of Energy Medicine

Led by:  **SUSAN**
SHANLEY, MSW



Revitalize
Your Spirit!

Activate Your
Natural
Healing Energies!

Nourish
Your Inner Joy!



In this experiential class, you will learn and practice simple and powerful hands-on techniques. No prior experience is necessary.

DATES: Thursdays, April 15 - May 6, 2021

TIMES: 7:30 - 8:45 pm

LOCATION: Zoom

REGISTRATION FEE: \$100 for partners,
\$60 for individuals

REGISTER WITH KINDNEST:

<https://kindnestwellness.com/partner-energy-wellness>

Having practiced as a psychotherapist for 25 years, Susan Shanley, MSW is currently an energy wellness coach, as well as an Advanced Eden Energy Medicine Practitioner, mediator and muralist. Susan specializes in matters of the heart and spirit. She offers individual coaching sessions, wellness classes and training seminars, including island retreats. Her practice is located in Saratoga Springs, NY. For more information, visit www.EnergyWellnessNow.com; call (518) 275-5664; or email: sus.shanley@gmail.com. This class is offered by KindNest of Ballston Lake, NY.