



A 4-day Retreat ON MONHEGAN ISLAND, MAINE

September 21-25, 2024

An Exploration of the Energies
of Self-Compassion, the Heart, and Spirit

Led by:  **SUSAN
SHANLEY**



REVITALIZE YOUR SPIRIT!

ACTIVATE YOUR NATURAL
HEALING ENERGIES!

NOURISH YOUR INNER JOY
WITH ENERGY MEDICINE
ON THE BLUFFS!



Nourishing the Divine Within:

Weaving Together Eden Energy
Medicine, the Five Elements, and
Your Sacred Connection to Nature...

Tuition Fee: \$375

After June 20th: \$425

Lodging & breakfast at
The Monhegan House

Questions? Contact Susan Shanley: 518-275-5664 or sus.shanley@gmail.com

Susan Shanley, MSW is an Eden Energy Medicine Advanced Practitioner, as well as an EFT practitioner, Bach Foundation Registered Practitioner, mediator, and muralist. She specializes in matters of the heart and spirit. Her practice is located in Saratoga Springs, NY. For more information, visit: www.energywellnessnow.com.